

For first-class learning!

Telfair County Middle/High School





Featuring Healthy Fruits & Grains!





Chicken Biscuit or Cereal/Pop tart Juice Fruit Milk

Monday

Chicken Biscuit or

Cereal/Pop tart

Juice

Fruit

Milk

Tuesday

Blueberry Muffins with Sausage or Cereal/Pop tart Juice Milk

Tuesday

Blueberry Muffins with Sausage or Cereal/Pop tart Juice Milk

Breakfast Pizza or Cereal/Yogurt Juice Fruit Milk

Wednesday

Wednesday

Breakfast Pizza or

Cereal/Yogurt

Juice

Fruit

Milk

Grits and Eggs or Grits and Sausage Toast Juice Milk

SCHOOL BREAKFAST

Thursday

Grits and Eggs or

Grits and Sausage

Toast

Juice

Milk

Steak Biscuit or Cereal/ Pop tart Juice Fruit Milk

Friday

Thursday

Steak Biscuit or Cereal/ Pop tart Juice Fruit Milk

Friday



Gateway to a World of Dreams

May this School Year be the Best