

Menus for March 2023

Telfair County Elementary

This institution is an equal opportunity provider. Menus are subject to change.

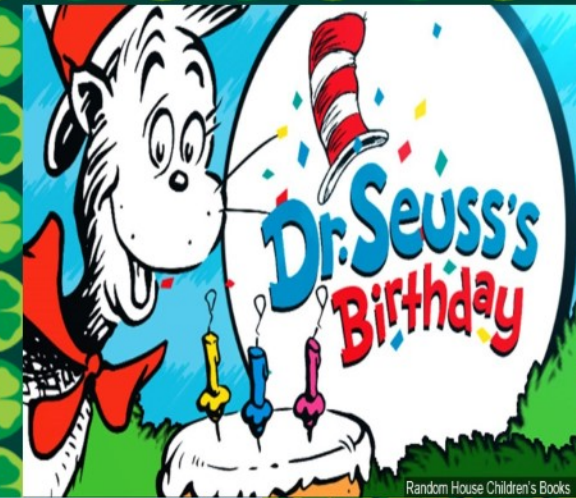
Wednesday, March 1

1. Smoked Sausage
2. Meatloaf
- Mac & Cheese
- Cabbage
- Cornbread
- Fruit
- Milk

Thursday, March 2

Dr. Seuss Day

1. Wild and Wacky Sloppy Joe
2. Thing ONE Turkey and Cheese Sandwich
- Fresh Roasted Broccoli
- Truffula Trees
- Grinch Salad Cup
- 1 fish, 2 fish, Red Fish, Blue Fish Jello
- Hop on Pop Fruit
- Horton's Milk



Friday, March 3

1. BBQ Sandwich
2. Pepperoni Pizza
- Dill Pickle
- Sweet Potato Fries
- Fruit
- Milk

Monday, March 6

1. Cheeseburger
2. Rib Sandwich
- French Fries
- Baked Beans
- Fruit
- Milk



Tuesday, March 7

1. Chicken Fajita
2. Turkey and Cheese Sandwich
- Roasted Carrots
- Wango Mango Juice
- Fruit
- Milk



BREAK AN EGG.

Hey, why do you think it's called BREAKfast? A breakfast sandwich of an egg, a slice of lean ham, and a piece of cheese on a whole-wheat English muffin, with an orange and lowfat milk, provides a delicious variety of foods, and only about 550 calories. Keeps you feeling full, too. Enjoy!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Wednesday, March 8

1. Baked Chicken Legs
2. Steak Fingers
- Sweet Potato
- Soufflé
- Turnips
- Cornbread
- Fruit
- Milk

Thursday, March 9

- Breakfast for LUNCH**
- Grits
 - Eggs
 - Sausage
 - Toast
 - Fruit
 - Milk

Friday, March 10



Monday, March 13



Tuesday, March 14

National CHIP DAY

1. Chicken Sandwich
2. Ham and Cheese Sandwich
Baked Beans
Potato Chips
Fruit
Milk

Wednesday, March 15

1. Hamburger Steak
2. Chicken Nuggets
Rice with Gravy
Turnips
Cornbread
Fruit
Milk

Thursday, March 16

1. Totchos
2. Turkey and Cheese Sandwich
Roasted Carrots
Cookie
Fruit
Milk

Friday, March 17

- St. Patrick's Day**
1. BBQ Sandwich
 2. Hot dog
French Fries
Coleslaw
Fruit
Milk



Monday, March 20

1. Cheeseburger
2. Corndog
French Fries
Baked Beans
Fruit
Milk

Tuesday, March 21

1. Hamburger Dip with Chips
2. Rib Sandwich
Green Beans
Fruit
Milk

Wednesday, March 22

1. Chicken Tenders
2. Steak Fingers
Creamed Potatoes
Broccoli
Roll
Fruit
Milk



Thursday, March 23

1. Spaghetti
2. Chef Salad with Chicken Salad
Corn
Garlic Bread
Fruit
Milk

Friday, March 24

1. Pepperoni Pizza
2. Ham and Cheese on Croissant
Sweet Potatoes
Fries
Fruit
Milk

Monday, March 27

1. Fish Sandwich
2. Ham and Cheese Sandwich
Baked Beans
French Fries
Fruit
Milk

Tuesday, March 28

1. Chicken Pot Pie
2. Corndog
California Veggies
Roll
Fruit Icee
Milk

Wednesday, March 29

1. Hamburger Steak
2. Chicken Nuggets
Turnips
Rice with Gravy
Cornbread
Fruit
Milk

Thursday, March 30

1. Sloppy Joe
2. Chef Salad with Diced Ham
Roasted Carrots
Fruit
Milk

Friday, March 31

1. Pepperoni Pizza
2. Hot Dog
Sweet Potato Fries
Coleslaw
Fruit Icee
Fruit
Milk

