



BREAKFAST @SCHOOL

For first-class learning!

Telfair County Middle/High School



BREAKFAST MENU FOR March 2023

This institution is an equal opportunity provider. Menu is subject to change.



Featuring Healthy
Fruits & Grains!

I  SCHOOL BREAKFAST

Monday
Chicken Biscuit or
Cereal/Pop tart
Juice
Fruit
Milk

Tuesday
Blueberry Muffins
with Sausage or
Cereal/Pop tart
Juice
Fruit
Milk

Wednesday
Breakfast Pizza or
Cereal/Yogurt
Juice
Fruit
Milk

Thursday
Grits and Eggs or
Grits and Sausage
Toast
Juice
Milk

Friday
Steak Biscuit or
Cereal/ Pop tart
Juice
Fruit
Milk

Monday
Chicken Biscuit or
Cereal/Pop tart
Juice
Fruit
Milk

Tuesday
Blueberry Muffins
with Sausage or
Cereal/Pop tart
Juice
Fruit
Milk

Wednesday
Breakfast Pizza or
Cereal/Yogurt
Juice
Fruit
Milk

Thursday
Grits and Eggs or
Grits and Sausage
Toast
Juice
Milk

Friday
Steak Biscuit or
Cereal/ Pop tart
Juice
Fruit
Milk

HELLO
SPRING



**DIG IN
TO SCHOOL BREAKFAST™**